

CARBCONTROL RECIPES

SNACKS – great for entertaining guests!

Salmon Rolls – makes 16 pieces

¼ lb sliced smoked salmon
4 oz cream cheese
1 Tbsp lemon juice
1 Tbsp capers

combine cream cheese with lemon juice and capers. Spread on salmon slices and roll up. Chill and slice in bite size pieces. Serve with a toothpick in each roll.