

## **CARBCONTROL RECIPES**

### **SALADS AND DRESSINGS**

#### **Asian Sauce with Sesame – makes $\frac{3}{4}$ cup**

$\frac{1}{4}$  cup soy sauce (chose low salt variety)

$\frac{1}{4}$  cup chicken broth

2 Tbsp sesame oil

2 Tbsp rice wine vinegar or cider vinegar

1 tsp Denta Sweet

1 tsp grated fresh ginger

1 garlic clove, pushed through a press

In a small bowl, whisk together all ingredients.