

CARBCONTROL RECIPES

MAINS

Mushroom Salad – serves 8

6 slices bacon, diced
1 small onion, diced
1 tbsp olive oil
3 tbsp lemon juice
2 tbsp parsley
approx. 500 g white mushrooms, thinly sliced
grated Parmesan cheese

fry bacon until transparent. Add minced onion and fry until bacon is crisp and onion is golden. Pour off bacon fat. Add freshly squeezed lemon juice, parsley and olive oil and bring to boil. Pour over mushrooms, and garnish with Parmesan to taste.